

## **Class – Pre – Primary**

### **Happiness Activities**

**Date – 1<sup>st</sup> April, 2025**

The happiness activities conducted on 1<sup>st</sup> April, 2025 – The first day of the session 2025-2026, were a resounding success, bringing joy, creativity, and well-being to participants. These activities demonstrate the importance of incorporating fun and creative experiences into daily life.

#### **Descriptions**

1. **Magic Show:** A mesmerizing magic show was organised, leaving participants in awe and wonder.
2. **Aerobics:** An energetic aerobics session got participants moving, grooving, and feeling invigorated.
3. **Dance:** A fun-filled dance session allowed participants to express themselves and let loose.
4. **Clay Modelling:** A creative clay modelling activity encouraged participants to explore their artistic side.

#### **Learning Outcomes**

Through these activities students were able to-

1. Bond over shared experiences, fostering social connections.
2. Enhance creativity, self-expression, and imagination.
3. Improve mood and overall sense of well-being.

Glimpses of Activities











